

**End Of Season Team Summary:
2013 - 2014**

Middle School

Football

Football-JV (4 - 14 - 0)

- (H) **Coach** Kris Langetieg
Coach Corey Lawson
 Daniel Perricone
 Douglas Clark
 Ryan Frost
- Athletes** Bartell, Blake '16
 Bert Cueva, Jose '15
 Bi, Xin '14
 Bullard, Colton '15
 Caripidis Soto, Giorgo '16
 Chen, Yi-Hao (Bryan) '14
 Coleman, Ethan '16
 Grasso, Alexander (Alex) '15
 Holland, Corbin '15
 Holt, Jeffrey '16
 Juvonen, Nickalas '16
 Kavanaugh, Jack '15
 Kim, Hyun Seung (Matthew) '15
 Koo, Sang Mo (Jeff) '15
 Lee, Yun Kyu (Luke) '16
 Leone, Jacob '15
 Lewis, Garrett '14
 Lin, Tristan '17
 Liu, Tianyi (Bear) '14
 Mennen, George '17
 Mi, Zhuocheng (Tommy) '14
 Moldenhauer, Gabriel '16
 Nougues, Jalen '15
 Sergenian, William (Will) '15
 Shin, Dong Hyuk (Brian) '15
 Stern, Zachary (Thaddeus) '16
 Valenzuela, Jose (Pete) '15
 Villar Otegui, Jose '14
 Walker, Addison '15
 Wall, Matthew (Matt) '14
 Yoon, Eun Chong (Calvin) '16
 Zesati Icaza, Diego '15

Total # Players:32

Date	Opponent/Title	Location	Won/Loss	Score	League
9/28/2013	Lebanon Jr. High School	Home	loss	20-18	Yes
10/2/2013	Hanover High School	Home	loss	32-8	Yes
10/5/2013	Eaglebrook School	Home	win	12-8	Yes
10/9/2013	Plymouth Jr. High	Home	loss	44-6	Yes
10/12/2013	Mascoma Jr. High Football	Home	loss	54-6	Yes
10/19/2013	Newfound Mem. Middle School	Home	loss	48-14	Yes
10/26/2013	Woodstock Middle School	Away	win	10-2	Yes
10/30/2013	Newport Middle High School	Home	loss	36-22	Yes
11/2/2013	Mascoma Jr. High Football	Home	loss	50-6	Yes

Team Description: N/A

Accolades: N/A

Highlights:

11/5/2013 Cougars Fall in Finale to Mascoma

JV football faced Mascoma in a rematch for their final game on Saturday, falling to them, 50-6. However, the score was not an indication of the improvement Cardigan made from the first meeting to the second. The offensive line did a fantastic job halting the Mascoma defense, and Cardigan's defense was far more competitive, stuffing their opponents on a number of plays. Unfortunately, the Cougars were not able to overcome the size and hitting skills of Mascoma.

Bear Liu punched in the lone Cardigan touchdown of the game, scoring on a brilliantly executed option pitch from Colton Bullard. On the defensive end, Jack Kavanaugh and Diego Zesati were in on a number of tackles that kept the score from getting out of control earlier.

Cardigan may not have won many games this season, but the improvement the players made individually and as a team cannot be questioned. The coaches are proud of the effort the boys put forth this season, and wish everyone, especially the seniors, the best of luck in the upcoming seasons.

11/4/2013 Newport Sprints to Early Lead; Holds off Cougars

The Cardigan JV football team played a tough game against a skilled and seasoned Newport squad. The boys came out flat in the first quarter and quickly fell behind, 24-0. Newport scored out of the gate with an unbalanced attack, but the early score did not reflect the consistency of the Cougars' defense. Cardigan shut down the middle completely, but was simply out-paced by a fast and sophisticated Newport offense.

The Cougars went into halftime down, 30-0, but there were clear indications that they could compete with Newport. The defense had stiffened up in the second quarter, and the offense was starting to run much more smoothly. The boys were confident, upbeat, and receptive to shifts in the game plan as well.

The Cougar defense shut down Newport for much of the second half, keyed by interceptions by Colton Bullard and Corbin Holland, a huge strip by Jalen Nougues, and some other timely turnovers. The White and Green offenses also rose to the occasion. Nougues kicked off the scoring by keeping the ball on an option play for a long touchdown for the White group. A bit later, Bullard led a strong offensive drive that resulted in a scoring run by Jose Bert. Finally, as the game was winding down, Nougues completed a pass to Bryan Chen in the flat that led to a long and shifty run for a touchdown. Jose Villar had a key block that helped Chen find his way to the end zone.

The Cougars found themselves down 30-22 with 53 seconds remaining and did their best to get the ball back. Newport was able to connect on a long pass as time ran out to edge the score up 36-22, but Cardigan dominated the second half and walked off the field proud.

The boys are in good shape to suit up for one final game on Saturday, a rematch against local rival Mascoma.

10/28/2013 Cougar Defense Stymies Woodstock in Win

The JV football team traveled to Woodstock, VT Saturday afternoon. The game offered an opportunity for all of the 6th, 7th and 8th graders to play as a single unit. The Varsity seniors also came along to cheer the team on.

Cardigan's defense was stiff all day. They were able to stifle Woodstock's offense throughout the game, and came up big on Woodstock's one deep drive by stuffing them in the red zone to force a turnover on downs. Two units of mixed Varsity and JV players who worked together to anchor the defense and put in a tremendous effort that included a second half safety.

The offense moved the ball at will, but issues with turnovers halted a number of drives. Colton Bullard managed to connect on a first half pass to Bennett Psychogeos for a touchdown, which proved to be the only touchdown of the entire game for both teams.

The final outcome was 10-2 in Cardigan's favor, and all of the boys were happy to walk away with a hard fought victory.

Nice work, Cougars!

10/24/2013 Plymouth Powers Past Cougars

The Cardigan JV football team had its hands full with a big, fast and strong Plymouth team. The Cougars fell behind by 30 in the first half, and managed one score, a quick pass from Colton Bullard to Bear Liu in the third quarter. The Cardigan defense tightened up in the second half, but was never able to catch Plymouth, losing, 44-6.

10/24/2013 Newfound Too Much for Cougars

The JV football team had their quickest start yet, but Newfound proved to be too deep to keep up with. The Cougars put forth some of their strongest play yet, but hitting and tacking on every down proved to be elusive once again.

Jalen Nougues kicked off the game with a phenomenal kickoff return for a touchdown to put the Cougars up, 6-0. The Cardigan defense came out strong on the ensuing drive, forcing a number of third and longs that they just could not win out on. Newfound scored on series after series, and the Cougars were on the verge of shutting them down on every one.

Bear Liu turned in a fantastic run for a touchdown in the second half, but Cardigan was only able to muster two touchdowns overall, losing the game, 48-14. The boys put in a big effort on defense despite the score, pushing through for tackles with a level of confidence that they did not display in earlier games. The score is not a proper indication of the progress Cardigan JV football made this week.

10/17/2013 Royals Roll Past Cougars

The Cougars ran into a physical and hungry Mascoma team, Saturday. Mascoma set the tone early by hitting hard and often. Their big line and quick backs were a little too much to handle for the Cougars. Cardigan fell behind early, 20-0, but made a push with a long run for a touchdown by Jose Bert. Mascoma was able to score again before half, followed by a frantic drive led by Colton Bullard that ended on a reception and weaving run by Pete Valenzuela that was halted just short of the goal line.

The second half saw more touchdowns from Mascoma and a flurry of mishaps on the Cougars side that resulted in a number of turnovers and a final score of 54-6 with Mascoma on the winning end.

10/7/2013 Cougars Shut Down Eagles

The JV football game may have only been two 12-minute quarters, but it was a hard fought affair that the Cougars came out on top of against the Eagles, 12-8. There were many individual standouts, Saturday, but the team's ability to pull together and play as one on defense was the reason why Cardigan came out on top.

The entire defense deserves credit for stepping up and stifling Eaglebook's offense after giving up a tough touchdown early. A ton of different players saw time on defense and they all gave 100%.

The Cougars walked away from Eaglebrook happy, but hungry for our next game.

10/2/2013 Tough First Half Dooms Cougars

The JV football team came out flat against a disciplined and intense Hanover squad, Wednesday afternoon. The Cougars were overmatched for the first half, falling behind significantly. Adjustments were made in the second half, and the offense came out and scored quickly on a 60-yard run by Jose Bert. Unfortunately, turnovers continued to plague the Cougars.

32-8 was a difficult loss for the boys to swallow, but they played a stronger and more consistent second half, limiting the Hanover offense quite a bit in comparison to the first. The boys will use this game as a learning experience and come out sharper and hungrier this Saturday against Eaglebrook.

9/30/2013 Cougars Fall in Nail Biter against Lebanon

The JV football team lost a nail biter to Lebanon, 20-18, Saturday. The game was evenly matched and featured stellar play on both sides of the ball. Lebanon came into the game with a healthy 3-1 record and a month more experience, but our boys stood up to them from start to finish.

We ran out to a 12-0 lead in the first half thanks to a strip returned for a touchdown by Jalen Nougues. Jalen also came up big when Colton Bullard got banged up on a long drive and needed a break. Jalen was able to hit Jacob Leone on a precision pass that Jacob brought in for a touchdown.

Lebanon scored and converted a 2-point conversion to pull within four at the half. After a long break for an unfortunate injury early in the second, they proceeded to score two touchdowns for a total of 12 points and held control into the fourth quarter.

However, Colton Bullard and the Cougars' offense refused to give up. With 31 seconds remaining, Colton keyed on Blake Bartell for a 60-yard touchdown pass that brought the Cougars to within two. Colton lined the boys up on the goal line for the 2-point conversion and threw a towering pass that Garrett Lewis heroically leaped for in the back of the end zone. Garret brought it down in acrobatic fashion, but was called out of bounds.

Lebanon was able to recover the final kick and run a quick play to seal their victory, but the JV boys walked away with their heads held high. The Cougars proved capable in every facet of offense. We also played stellar defense, taking the ball away four times. We have a lot to work on, but there is no doubt that the JV football team is hungry and eager to get back on the field for Wednesday's game against Hanover.

Many of our players had outstanding games, but Jalen Nougues' timely play on offense and defense led to two touchdowns, not to mention a number of stops. Jalen earned the "game ball."

**End Of Season Team Summary:
2013 - 2014**

Football-Varsity (4 - 14 - 0)

(H) Coach	Steven Harris
Coach	Allan Kreuzburg
	Austen Hannis
	Rich MacDonald
Athletes	Antonucci, Benjamin (Ben) '14
	Baker, Charles (Charlie) '14
	Bert Cueva, Jose '15
	Borek, Owen '15
	Bryan, Roland (Ro) '15
	Garron, Steven '16
	Grasso, Alexander (Alex) '15
	Humphrey, Nicholas (Nick) '14
	Kim, Hyun Seung (Matthew) '15
	Lee, Woo Shik (John) '14
	Lee, Young Hoon '14
	Leone, Jacob '15
	Lyons, Richard '15
	Milton, William (Bill) '14
	Mu, Yifu (Kimi) '14
	Nichols, Keaton '14
	Plekenpol, Garrett '14
	Psychogeos, Bennett '15
	Sergenian, Henry '16
	Sergenian, William (Will) '15
	Seter, John '14
	Spaulding, Nicholas (Nick) '14
	Starkey, William (Will) '14
	Valenzuela Gomez, Alejandro (Ale) '15
	Walker, Addison '15
	Wang, Cho Ming (Brian) '15
	Williams, Adonis '14
	Wu, Zuoquan (Jack) '14

Total # Players:28

Date	Opponent/Title	Location	Won/Loss	Score	League
9/18/2013	CANCELED Scrimmage	Away	Canceled		Yes
9/21/2013	Scrimmage	Away			Yes
9/25/2013	St. Paul's School	Away	loss	42-14	Yes
9/28/2013	Deerfield Academy	Home	loss	46-14	Yes
10/2/2013	Holderness School	Home	loss	20-14	Yes
10/5/2013	Eaglebrook School	Home	loss	28-20	Yes
10/9/2013	Proctor Academy	Home	loss	24-16	Yes
10/12/2013	Belmont Hill School	Away	loss	38-20	Yes
10/19/2013	Exeter HS Freshman Team	Home	win	40-27	Yes
10/30/2013	Holderness School	Away	win	44-30	Yes
11/2/2013	Deerfield Academy	Away	loss	42-6	Yes

Team Description: N/A

Accolades: N/A

Highlights:

11/9/2013 Cougars Fall in Battle with Deerfield

Despite the 42-6 score, the Cardigan varsity football players fought and played hard throughout the contest against Deerfield. Our game plan was perfect and the boys executed it perfectly from start to finish. Our defense did a great job stopping the run and were in position doing their jobs even on the long passes that we gave up.

Our offense moved the ball, but was unable to finish in critical situations. The exception being an excellent touchdown pass from John Seter to Will Sergenian on a play where Will caught the ball and held on despite being injured on the play.

10/31/2013 Cougars Avenge Early Season Loss to Holderness

The game was nowhere close to what the final score indicated as the Cougars dominated the game against a Holderness JV team, 44-30, that they lost to in the final seconds about a month ago. The offense and the defense both turned in complete and dominating efforts despite the special teams and bouncing balls.

Defensively, the Cougars had their best game of the season as they only allowed one touchdown on the day. The other three Holderness touchdowns came on something to do with fumbles and weird returns. Two of those were on kick-offs.

Offensively, the Cougars were again able score six touchdowns led by John Seter's three touchdown passes and one rushing touchdown. John connected with Adonis Williams, Bennett Psyhogeos and Keaton Nichols on his three touch passes for around five, five and 11 yards, respectively. John also added a three-yard run off a perfect fake that fooled everyone watching the game.

The other two touchdowns were scored by Keaton Nichols, on a run, and Bennett Psyhogeos on a long, game-sealing second, third and fourth chance effort that covered 35 yards.

Other notables include three interceptions by the defense: Will Sergenian, Keaton Nichols, and Jack Wu. Nick Spaulding toted the rock for close to 100 yards rushing while scoring several important two-point conversions. Young Hoon Lee had a huge momentum-stopping sack on defense. Owen Borek continues to dominate the line of scrimmage on both sides of the ball.

10/24/2013 Cougars Earn First Win Over Exeter

The Cougars played a tremendous game from start to finish, Saturday, against Exeter. The boys opened the game with a trick play that went 65 yards for a touchdown. John Seter threw the ball to Will Sergenian who flipped it to Keaton Nichols who ran for the score.

Exeter then ran the ensuing kickoff back for a touchdown and kicked the extra point to lead 7-6 after 31 seconds of game time. From there, the Cougars controlled play for the rest of the first half. John Seter connected with Will Starkey for about 30 yards and Will Sergenian for about 7 yards. Keaton Nichols and Bennett Psyhogeos scored the two-point conversion to make the score 22-7 at halftime. Also in the first half, Addison Walker collected the first Cougars' first interception of the year on a great play.

After the wonderful dedication ceremony for Mr. Jim Marrion, the Cougars came out flat giving up two quick touchdowns and a two-point conversion to lead only 22-21. The Cougar offense then responded by taking over the game. It began with a John Seter to Bennett Psyhogeos touchdown pass for about 25 yards to make the game 28-21. After Nick Spaulding forced a fumble by ripping the ball out of the running back's arms. The Cougars quickly restored the two-touchdown lead on a John Seter to Adonis Williams touchdown pass for 25 yards.

Exeter responded by scoring themselves to cut the lead to 34-27. Nick Spaulding and the defense finished the game with a three-yard run and Will Sergenian intercepted a pass in the end zone to seal the game.

All of the boys played hard from start to finish. Everyone was able to contribute in the effort. Kudos go out to the offensive line for a great day. Also, John Seter threw five touchdown passes on the day.

10/13/2013 Cougars Tangle with Belmont Hill

The Cardigan football team headed down to Belmont Hill and played a great game from start to finish in a 38-20 loss. Belmont Hill fielded their usual solid team, which methodically moves up and down the field on offense. Saturday was no exception as they took a 30-8 lead into halftime. The Cougars scored on their second drive on a Nick Spaulding touchdown followed by a John Seter to Keaton Nichols two-point conversion to tie the game at 8-8. The Cougar offense continued to move the ball, but was unable to score again in the first half.

In the second half, the Cougars again moved the ball well and played great defense throughout. Belmont Hill's only second half touchdown came on a great long run. Nick Spaulding scored a second great touchdown.

The Cougars got the ball back after Belmont Hill's last touchdown with less than a minute left. The boys were able to hit a hook and lateral. John Seter threw a perfect pass before a roughing the passer penalty to Will Sergenian who pitched the ball perfectly to Keaton Nichols who got the ball down to the twenty-yard line plus the penalty. After a couple of incompletions, Seter found Nichols to finish the drive on the last play of the game for the final touchdown.

The Cougars played fantastically through out the game and we salute a well-disciplined, hard running/hitting and great sportsman team down there at Belmont Hill!

Additional mention goes to Adonis Williams, the Sergenian brothers and Bennett Psyhogeos for their many great catches in traffic. Charlie Baker for being all over the field on both sides of the ball. Bennett Psyhogeos and Nick Spaulding for their great play at outside linebacker. Ben Antonucci for snap to whistle effort. Addison Walker for a great pass breakup. Owen Borek for doing his job on every play on both sides of the ball. Ro Bryan for great effort chasing down a play a long way downfield.

Well done to the entire team! The boys were always in the right place as they have been taught and never gave up at any point no matter their role, no matter their job and no matter the scoreboard.

10/9/2013 Proctor Surges Past Cougars in Second Half

The Cougars were once again unable to hold a late lead in losing 24-16 to Proctor Academy. The boys led 16-0 at halftime on touchdowns by Owen Borek on a fumble recovery and a John Seter to Will Starkey touchdown pass.

In the second half, Proctor's offense was unstoppable chewing up about 20 of the 24 minutes on three drives with mostly short running plays. The big plays came with 1:24 left when Proctor scored and got the two-point conversion then recovered the ensuing onside kick and quickly scored again with less than 20 second left.

The Cougars look to bounce back at Belmont Hill, Saturday afternoon.

10/7/2013 Cougars Fall Short Against Eagles

The Cougars lost a nail biter to Eaglebrook, 28-20. Eaglebrook scored the go ahead points with 16.3 second left after a gutsy drive with no timeouts.

The Cougars spotted Eaglebrook 14 points very early in the first quarter. Cardigan then scored 20 unanswered points on three Nick Spaulding touchdowns and a Will Starkey two-point conversion. The Cougars scored their final points with 2:22 left in the fourth quarter.

The boys played hard and fought back from early lethargy to have a chance to win.

10/2/2013 Bulls Surge Past Cougars

The Varsity football team lost a hard fought game with Holderness, 20-14, Wednesday at Marrion Field. Holderness opened up the scoring with an interception return for a touchdown. The Cougars then controlled the remainder of the first half, scoring 14 unanswered points on two Nick Spaulding touchdowns and a John Seter to Bennett Psyhogeos two-point conversion.

Holderness came out in the second half and mostly controlled the play though the Cougar defense stiffened at many junctures and held on to a 14-12 lead until the very end. Holderness was able to make the big plays when they needed to and drove for the winning points with a minute and a half left in the game. An interception on a batted ball sealed the deal.

Bennett Psyhogeos, Charlie Baker, Keaton Nichols, Ben Antonucci, Owen Borek and Nick Spaulding continue to be excellent leaders on the team and continue to work to help their newer teammates adjust to the game in critical times. The boys are working hard at being a unit of 11 and not just 11 individuals.

Congratulations to Holderness for being mentally tough and making the big plays when they had to. It was a well-fought game!

9/30/2013 Big Second Half Vaults Deerfield past Cougars

The Varsity football team fell to a well-disciplined Deerfield JV team. The Cougars played a tough first half giving up only 14 points to the Big Green on long plays including one just before halftime. The second half demonstrated both improvement and disappointment. The offense got on track and scored 14 points, but the defense gave up four touchdowns on more or less the same play each time. The boys hopefully learned a lot and will continue their improvement moving into the next week.

Highlights:

Nick Spaulding scored all 14 points for the Cougars with two touchdowns and an intense two-point conversion. John Seter and Bennett Psyhogeos again found many connections on the day in the passing game. Keaton Nichols and Charlie Baker led the defense with a great deal of good play on both sides of the ball. Owen Borek is learning the game quickly and becoming a force on both sides of the ball.

9/25/2013 Cougars Topped by St. Paul's

The Varsity football team traveled down to St. Paul's, Wednesday, for a contest. Though the Cougars took it on the chin on the scoreboard, they played markedly better as the game progressed. The Cougars had good success in all aspects of the game. St. Paul's was simply able to make the bigger plays over the course of the day, especially early on.

Highlights:

John Seter had two touchdown passes. One for about 35 yards to Will Starkey and the other about seven-yard to Adonis Williams.

Adonis Williams won a wrestling match for the football on his touchdown.

Bennett Psyhogeos played great on both sides of the ball including several catches, runs and tackles.

Nick Spaulding had a great day running the ball, but his best moment was when he fought his way into the end zone for the two-point conversion. He missed his second two-point conversion by a hair while diving for the pylon.

Keaton Nichols had several good catches and runs to go along with some monster tackles.

Brian Wang almost had an interception in his first game ever.

Kimi Mu and Garrett Plekenpol showed they are ready to play any position at any time.

9/23/2013 Cougars Prep for Opener with Scrimmage at Williston

The Varsity football Cougars took on four tough opponents, Saturday, down at Williston Northampton. The Cougar defense looked great throughout the afternoon only surrendering three big plays while shutting everything else down.

The offense on the other hand learned that it takes 11 guys all doing their jobs rather than 10 to make things work. The boys learned a lot and will work to redouble their efforts in preparation for their first game, Wednesday, at St. Paul's School.